

COVID-19 Nasal Swab Kit Instructions

This test takes about 15 min to complete.

You will need access to the internet and a smartphone or computer to use this kit.

verily



R_x only

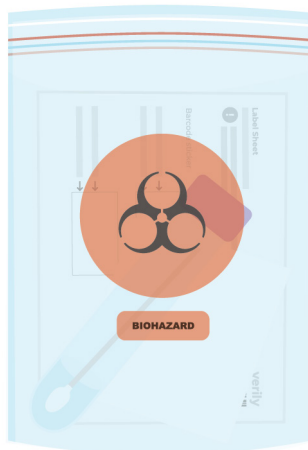
For use under Emergency Use Authorization only.
For use by individuals 18 years or older.

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You must return your sample the same day you take it.

If you received your kit in the mail, only take your sample **Mon–Thu**. Return your sample before the last FedEx Express pickup. Check **[www.FedEx.com](https://www.fedex.com)** for hours.

If you picked up a kit in person, follow the test administrator's return instructions.



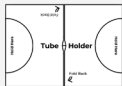
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IMPORTANT

Carefully read the following instructions before taking your sample.

Not following the instructions may make your sample invalid.

This kit includes:



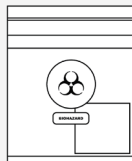
Tube holder



Nasal swab



Sample tube



Specimen bag & absorption sheet (sheet may be a circle or rectangle)

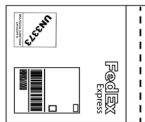


Label sheet & barcode stickers

In mail-home kits only:



Sticker seal



FedEx shipping envelope



You'll also need a black or blue pen

Video instructions



Watch this video to see how to properly take your sample.

healthy.verily.com/swabkit

OR



Scan this image with the
camera app on your phone to
watch the video.

1

Clean your testing area and wash your hands

Clean the area where test materials will be placed. Thoroughly wash your hands with soap and water for 20 seconds.

Take all the materials out of the kit and place them on the clean surface.



2

On the label sheet, fill in
your name and birthdate

On the barcode sticker, clearly
write your name as [Last name,
First name] using a black or
blue pen. Write your birthdate
as [MM/DD/YYYY] below.

The diagram illustrates the process of filling out a label sheet and a barcode sticker. A light blue circle highlights the 'Label sheet' and 'Barcode sticker' sections. A purple pen is shown writing on the 'Barcode sticker'.

Label sheet

! _____

Barcode sticker

Last name, First name → Smith, Casey

Birthdate, MM/DD/YYYY → 01 / 27 / 1984

Last name, First name → _____

Birthdate, MM/DD/YYYY → _____ / _____ / _____

3

Apply the barcode sticker from the label sheet to the sample tube

The barcode sticker should cover the label that is already on the tube.

Place the sticker lengthwise along the tube. Do not wrap the sticker around the tube.



4

Right before taking your sample, activate your kit

Before taking your sample, go to healthy.verily.com/activate and enter the activation code on the label sheet. **You must take your sample the same day the kit is activated.**

Note that you may be asked to sign into your account before you can enter the code.

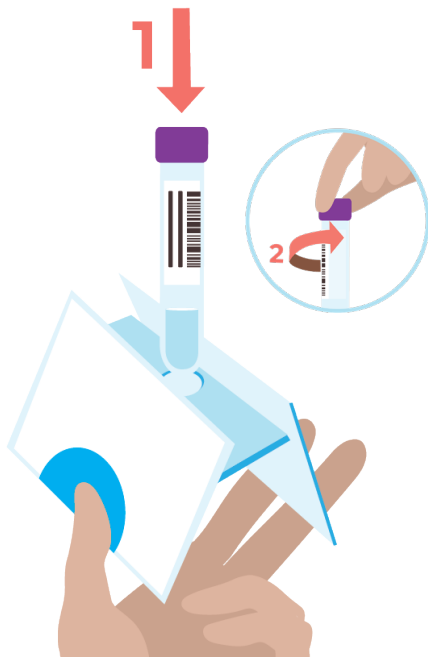


5

Assemble the tube holder, place the tube inside, and open the tube

Fold the sides of the tube holder back to reveal a hole for the sample tube. Push the tube into the hole.

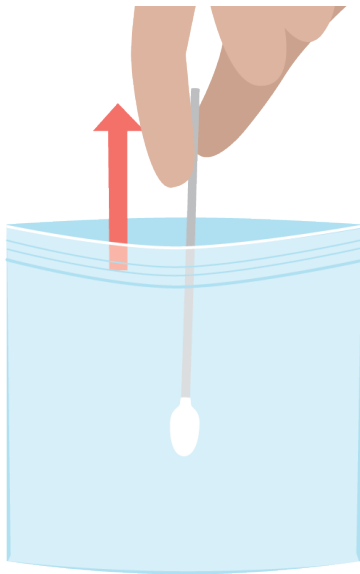
Set the holder down and unscrew the cap from the sample tube. Do not spill the liquid in the tube.



6

Take out the nasal swab

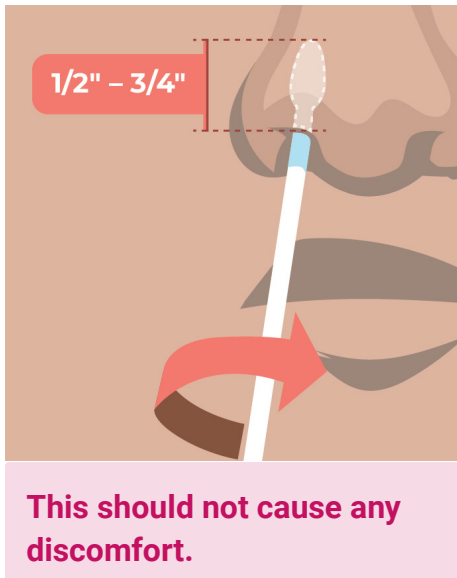
Do not touch the fuzzy tip of the nasal swab.



7

Insert only the fuzzy tip and rub the swab around the inside of one nostril 10 times

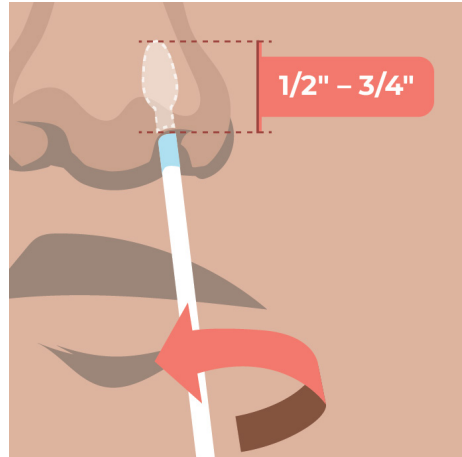
Use firm, gentle pressure and make sure the tip of the swab is making contact at all times. Only twirling, spinning or leaving the swab in the nostril **will not** get enough sample for testing.



8

Using the same swab, rub the swab around the inside of your **other** nostril 10 times

Use the same technique as the last step.



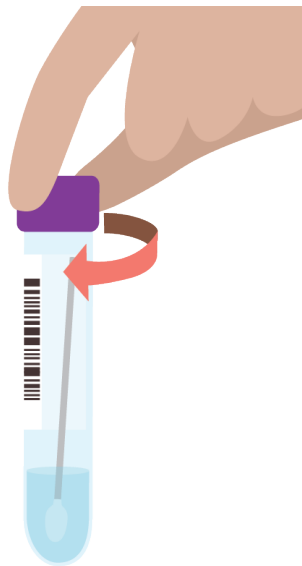
This should not cause any discomfort.

9

Insert the swab into the tube, fuzzy tip down, and tightly seal the cap

Make sure the **fuzzy tip** is submerged in the liquid once in the tube.

Screw the cap on tightly and check that there is no leakage.



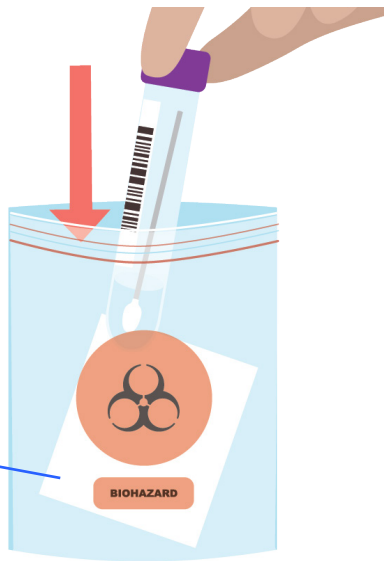
10

Put the tube in the specimen bag

Important: Leave the absorption sheet inside.

Close the bag tightly.

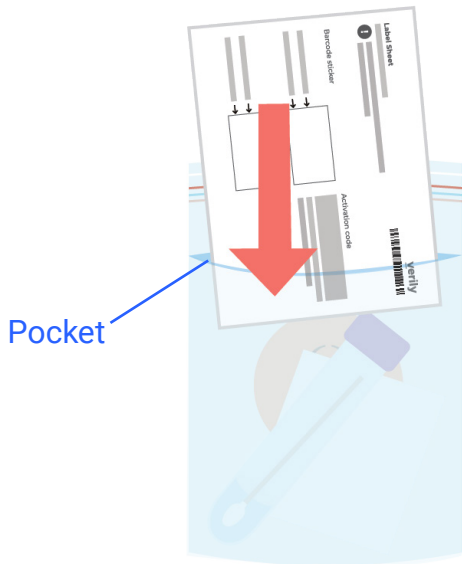
Absorption sheet
(sheet may be a
circle or rectangle)



11

Put the label sheet in the back pocket of the specimen bag

Without tearing the bag, peel open the back pocket of the specimen bag. The pocket is transparent and may be hard to see. Tuck the sheet into the pocket.



12

Wash your hands with soap and water, then put the specimen bag in the box

Put the specimen bag with the sample and label sheet in the box.

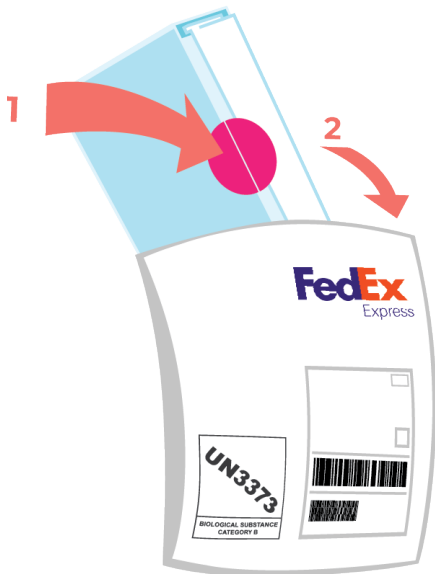


If you picked up a kit in person, follow the test administrator's return instructions. Return your sample the same day you took it.

13

Seal the box with the pink sticker, then put the box in the FedEx shipping envelope

Seal the opening of the box with the pink sticker. Put the box in the FedEx shipping envelope and seal the envelope.



14

Return the kit to FedEx, or schedule a pickup

Return the prepaid, pre-addressed FedEx shipping envelope to a local FedEx shipping center or drop box, or schedule a pickup on their website.

Return your sample the same day you took it.



Thank you

Your results will be available 1 to 2 days after your sample arrives at the Verily lab.

You'll receive an email when your result is ready.



Support & troubleshooting

Call center: 1 (800) 952-0632

Monday–Friday, 8 AM–11 PM ET



Intended for the collection of nasal swabs for the purpose of in vitro diagnostic testing for SARS-CoV-2 RNA by Verily Life Sciences laboratory certified under the Clinical Laboratory Improvement Amendments of 1988 (CLIA), 42 U.S.C. §263a, and which meets requirements to perform high complexity tests. Rx only.

The Verily COVID-19 Nasal Swab Kit has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an Emergency Use Authorization (EUA).

The Verily COVID-19 Nasal Swab Kit has been authorized only for the self-collection and maintenance of anterior nasal swab specimens as an aid in the detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens; and

The emergency use of the Verily COVID-19 Nasal Swab Kit is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Federal Food, Drug and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.



Distributed by Verily Life Sciences
249 East Grand Ave
South San Francisco, CA 94080



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953-00818-01 Rev C

COVID-19 Nasal Swab Kit Instructions

This test takes about 15 min to complete.

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R_x only

For use under Emergency Use Authorization only.

For use by individuals 18 years or older.

Important Information

Not following these instructions may lead to an incorrect result.

- **Return your sample the same day you take it**

If you received your kit in the mail, only take and mail your sample **Mon–Thu**. Return it before the last FedEx Express pickup of the day. Before taking your sample, **check www.FedEx.com** for store closing hours, to schedule a pickup, or to find a drop box near you.

If you picked up a kit in person, follow the test administrator's return instructions.

- **Make sure to fill out and return the label sheet, and add a barcode sticker from the label sheet to the sample tube**

See the following pages for how to do these critical steps.

Video instructions



Watch this video to see how to properly take your sample.

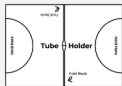
healthy.verily.com/testkit

OR



Scan this image with the
camera app on your phone to
watch the video.

This kit includes:



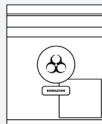
Tube holder



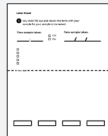
Nasal swab



Sample tube



Specimen bag & absorption sheet

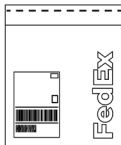


Label sheet & barcode stickers

In mail-home kits only:



Sticker seal



FedEx shipping envelope



You'll also need a pen

1

Clean your testing area and wash your hands

Clean the area where test materials will be placed. Thoroughly wash your hands with soap and water for 20 seconds.

Take all the materials out of the kit and place them on the clean surface.



2

Unfold the label sheet and fill in the date and time

Complete the label sheet by writing the date and time you are taking your sample. You must also note whether the time is **AM or PM** and your current **time zone**.



The illustration shows a 'Label sheet' form with the following fields and content:

- Label sheet** (Title)
- Time:** A field containing '08:30' with a line above it for a second entry.
- AM/PM:** Two checkboxes. The 'AM' checkbox is checked, and the 'PM' checkbox is unchecked.
- Date:** A field containing '1/1/2020' with a line above it for a second entry.
- Additional Fields:** Four checkboxes on the left, each followed by a line for text. The first checkbox is checked, and the others are unchecked.
- Pen:** A purple pen is shown pointing towards the form.

3

Apply a barcode sticker from the label sheet to the sample tube

The barcode sticker should cover the label that is already on the tube.

Place the sticker lengthwise along the tube. Do not wrap the sticker around the tube.



Use this sticker

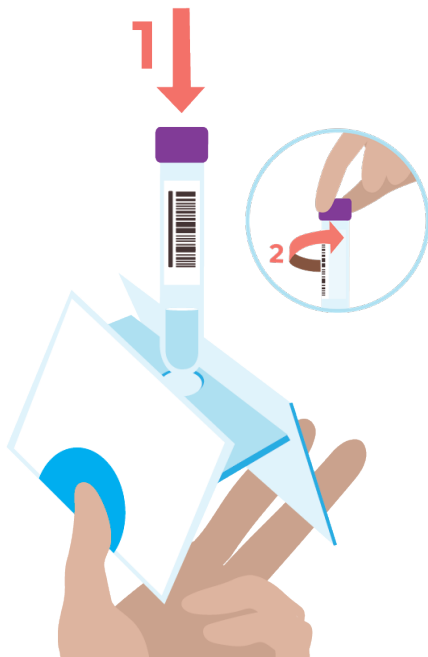


4

Assemble the tube holder, place the tube inside, and open the tube

Fold the sides of the tube holder back to reveal a hole for the sample tube. Push the tube into the hole.

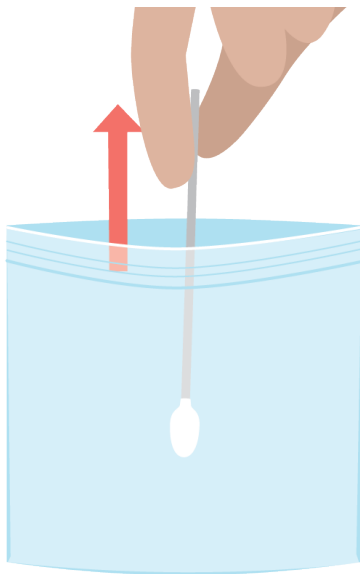
Set the holder down and unscrew the cap from the sample tube. Do not spill the liquid in the tube.



5

Take out the nasal swab

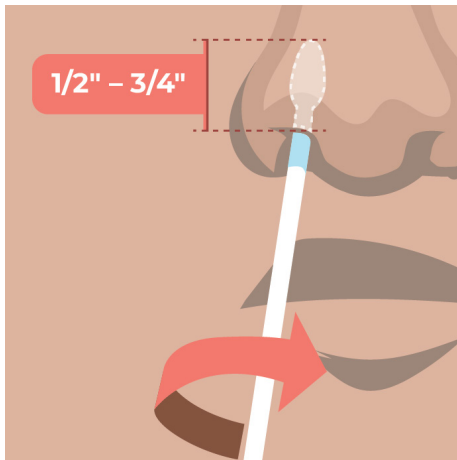
Do not touch the fuzzy tip of the nasal swab.



6

Insert only the fuzzy tip
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10 times

Use firm, gentle pressure and
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is making contact at all times.
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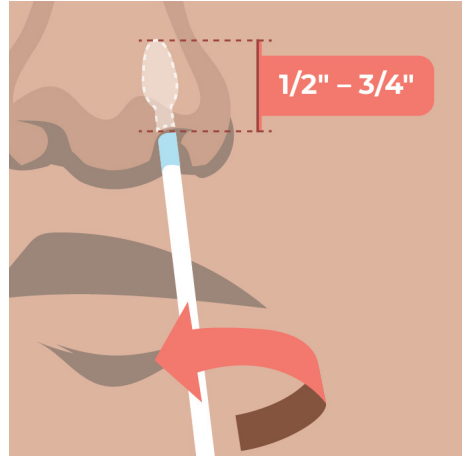


**This should not cause any
discomfort.**

7

Using the same swab, rub the swab around the inside of your **other** nostril 10 times

Use the same technique as in step 6.



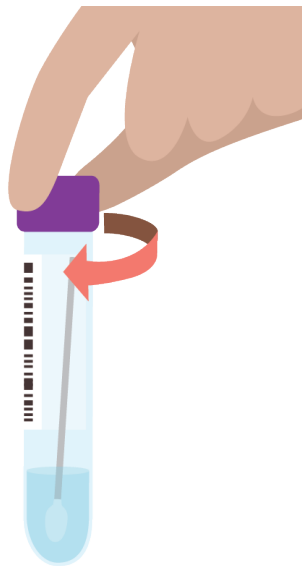
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Make sure the **fuzzy tip** is submerged in the liquid once in the tube.

Screw the cap on tightly and check that there is no leakage.



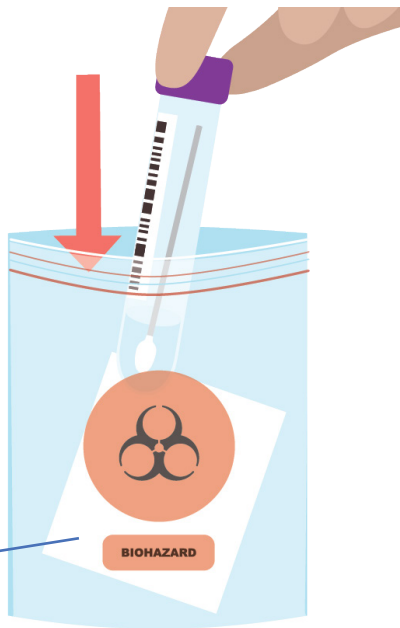
9

Put the tube in the specimen bag

Important: Leave the absorption sheet inside.

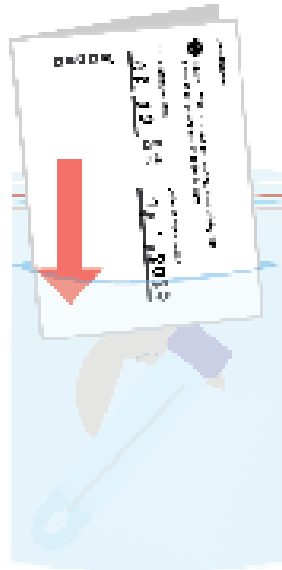
Close the bag tightly.

Absorption sheet



Put the label sheet in the back pocket of the specimen bag

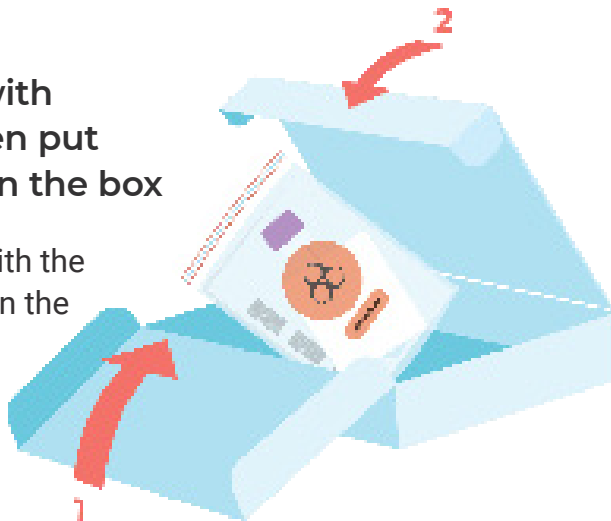
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