





MIRAI DEPRESSION STUDY

At-home depression study using your phone

Join the Mirai Depression Study with your smartphone to test the effectiveness of two digital therapeutics in a mobile app to help further manage depression.

-  Diagnosed with depression and currently on medication
-  12 week study
-  No in-person visits
-  Compensation for your time



Working together to advance research for depression.

What you'll receive:

- Compensation for your time
- Your currently prescribed antidepressant medication and study-related tests at no costs to you while you are in the study
- Exclusive access to the Project Baseline community and resources

Who's eligible

- Between the ages of 22-64
- US resident
- Able to read and speak English
- Diagnosed with depression and have been on one antidepressant medication for at least six weeks
- Own and are the primary user of an Android or iPhone smartphone

What's involved

Participating can help researchers better understand whether the digital therapeutics within the Mirai Study App are possible treatments for depression. If qualified, you will continue to take your prescribed medication and will be assigned to one of two digital therapeutics within the Mirai Study App. During the study, you will:



Complete exercises

In the first 2 weeks, you'll complete 3 practice exercises in the Mirai Study App.



Check-in with a Study Doctor

You'll have video chats and phone check-ins with the Study Doctor regarding the use of the Mirai Study App, your medication and health.



Talk to a medical professional

You'll conduct phone interviews with a mental health professional.



Use the Mirai Study App

You will use the mobile app for up to 10 weeks.



Take surveys

You'll answer questions about your depression symptoms and health.

Interested in the study? Sign up online at projectbaseline.com/mirai. For more information, contact us toll-free at **833-525-1060** (Monday - Friday: 5AM - 8PM PST) or via email at mirai@projectbaseline.com