No Peek Art

Step 1

Put an object or picture in front of the class.

Step 2

Ask everyone to draw the object without looking at their paper, just by looking at the object ahead of them.
Folders or a piece of paper taped over the drawing surface can help discourage the urge to "check your progress".

Step 3

Have everyone take a look at their illustrations. What do they like about it? What do they not like? What was surprising/interesting/fun/difficult about this? What did it feel like to be creating something without constantly "judging" your work?

Items needed

Pencil and paper

